

POLICY 565: COVID-19 ILLNESS POLICY

The Oregon School District shall adopt administrative guidelines regarding illness related to COVID-19 that are in accordance with guidance from Public Health Madison & Dane County, Centers for Disease Control and Prevention, and other local, regional and national experts to ultimately provide broad data points to help safeguard the health and safety of its school community.

Adopted: August 10, 2020

Revised: August 9, 2021

Policy 565: ADMINISTRATIVE GUIDELINES

Revised: February 25, 2022

See Appendix A for Updated Return To School Guidelines

Guidelines For Adults

We all have to do our part to keep each other safe and healthy. These guidelines outline the expectations for employees and all other adults who enter our buildings and facilities, including coaches, student teachers, practicum students, volunteers and visitors.

- Adults must continually monitor these guidelines for the most current information on COVID-19.
- Adults must self-monitor for symptoms of illness prior to being on school district property or attending school-sponsored events.
- Employees who have any symptoms of fever, respiratory illness or other COVID-19 symptoms, will not be allowed to work unless approved by the Director of Human Resources.
- Employees or other individuals who have any symptoms of fever, respiratory illness or other COVID-19 symptoms will not be permitted on school grounds or at school-sponsored events until the District's guidelines indicate it is safe to do so. See Guidelines in Appendix A.
- Employees or other individuals who have had close contact with someone who tested positive for COVID-19, who have been diagnosed with COVID-19, and/or who have been asked to quarantine, will not be permitted to on school grounds or at school-sponsored events until the District's guidelines indicate that it is safe for them to do so. See Guidelines in Appendix A.

- Close contact is defined as: 1) unless both parties are fully masked, being within 6-feet of an infected person for a prolonged period (15 minutes or more within 24 hours) starting from 48 hours before illness onset (or if no symptoms, 48 hours before the date of the test); 2) direct physical contact with a positive COVID-19 case (for example, a hug, kiss, or handshake); 3) contact with a positive COVID-19 case respiratory secretions (for example, coughed or sneezed on; contact with a dirty tissue; shared a drinking glass, food, towels, or other personal items); 4) live with a positive COVID-19 case or stayed overnight for at least one night in a household with them.

Monitoring For COVID-19 Symptoms

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus.

Here is a link to our Daily Home Screening [Symptom Checklist](#). If you have ONE of these symptoms

- Cough
- Shortness of breath or difficulty breathing
- New loss of taste or smell
- Vomiting
- Diarrhea
- Fever 100.0 or higher and/or has taken medication (Tylenol/Ibuprofen) to reduce a fever in the past 24 hours

OR

TWO or more of the following symptoms:

- Congestion or runny nose
- Fatigue
- Muscle aches
- Sore throat
- Nausea or abdominal pain
- Headache

You may not be on school property or at school-sponsored events until the District's guidelines indicate it is safe to do so. The District reserves the right to send any

individual home who is exhibiting symptoms of COVID-19. See Guidelines in Appendix A.

COVID-19 Exposure

All employees, substitutes, student teachers, practicum students and volunteers who have been on school grounds or at school-sponsored events within 14 days of the events below, must report to the Director of Human Resources immediately:

1. If they are diagnosed with COVID-19 by a positive lab test or a diagnosis from a health care provider without lab testing;
2. If they are exhibiting symptoms of COVID-19 and are awaiting diagnosis;
3. If they are living with a person that has been diagnosed with COVID 19; or
4. If they had close contact with a person that has been diagnosed with COVID-19.

Guidelines For Students

We all have to do our part to keep each other safe and healthy. These guidelines outline the expectations for students who are on District property or at school-sponsored events.

Because information is continually updated, we ask that families continually monitor these guidelines for the most current information on COVID-19.

Monitor For COVID-19 Symptoms

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus.

Here is a link to our Daily Homescreening [Symptom Checklist](#). If you have ONE of these symptoms:

- Cough
- Shortness of breath or difficulty breathing
- New loss of taste or smell
- Vomiting
- Diarrhea
- Fever 100.0 or higher and/or has taken medication (Tylenol/Ibuprofen) to reduce a fever in the past 24 hours

OR

TWO or more of the following symptoms:

- Congestion or runny nose
- Fatigue
- Muscle aches
- Sore throat
- Nausea or abdominal pain
- Headache

Your student may not be on school property or at school-sponsored events until the District's guidelines indicate it is safe to do so. The District reserves the right to send any individual home who is exhibiting symptoms of COVID-19. See Guidelines in Appendix A.

COVID-19 Exposure

All families whose students are attending in-person or present at school-sponsored events must report immediately to their main office:

1. If a student is diagnosed with COVID-19 by a positive lab test or a diagnosis from a health care provider without lab testing; or
2. If the student is exhibiting symptoms of COVID-19 and is awaiting diagnosis;
3. If they are living with someone suspected of having COVID-19; or
4. If they had close contact with a person that has been diagnosed with COVID-19.
5. Close contact is defined as: 1) unless both parties are fully masked, being within 6 feet of an infected person for a prolonged period (15 minutes or more within a 24 hour period) starting from 48 hours before illness onset (or if no symptoms, 48 hours before the date of the test); 2) direct physical contact with a positive COVID-19 case (for example, a hug, kiss, or handshake); 3) contact with a positive COVID-19 case respiratory secretions (for example, coughed or sneezed on; contact with a dirty tissue; shared a drinking glass, food, towels, or other personal items); or 4) live with a positive COVID-19 case or stayed overnight for at least one night in a household with them.

6. Students who have been asked to quarantine or have been diagnosed with COVID-19 will not be permitted to enter school buildings or attend school-sponsored events until the District's guidelines indicate that it is safe for them to do so. See Guidelines in Appendix A.

Appendix A: Return To School Guidelines

Column	Scenario	What should the individual do?	When can the individual return to work or school or school-sponsored events?
A	If you have symptoms of COVID-19, but have not yet been tested.	Stay home until you meet one of the three criteria in the column to the right. The date symptoms started is day 0.	Stay home and avoid others until you have been: <ul style="list-style-type: none"> • 24 hours without a fever (without fever-reducing medicine), • your symptoms improve, • AND it has been 6 days since the first day you had symptoms. OR <ul style="list-style-type: none"> • You receive a negative test result from a testing site; OR <ul style="list-style-type: none"> • Your medical provider provides to us in writing that you do not have COVID-19 and you are fit to be at school.
B	If you have been diagnosed with COVID-19:	Stay home until you meet all of the criteria in the column to the right. The date of your test (if no symptoms) or the date symptoms started is day 0.	You may return on day 6 IF all of the following are true: <ul style="list-style-type: none"> • It has been 24 hours without a fever (without fever-reducing medicine), • Your symptoms are resolving; • You feel well enough to be at school; AND • You wear a well-fitting mask at all times indoors through day 10,

			except for approved lunch or mask breaks where you are at least 6 feet from others.
C	<p>If you are a close contact of someone with COVID-19 AND</p> <p>You are fully vaccinated AND</p> <p>You do <u>not</u> have symptoms</p> <p>OR</p> <p>You had a confirmed COVID-19 within the last 90 days</p> <p>AND</p> <p>You do <u>not</u> have symptoms</p>	<p>You may work or attend school.</p> <p>Fully vaccinated means for adults:</p> <p>Have been boosted OR</p> <p>Completed the primary series of Pfizer or Moderna vaccine within the last 6 months OR</p> <p>Completed the primary series J&J vaccine within the last 2 months.</p> <p>For students:</p> <p>Completed the <u>primary series</u> of COVID-19 vaccines.</p>	<p>You may work or attend school.</p> <p>You must wear a <u>well-fitting mask</u> around others for 10 days from the date of your last close contact with someone with COVID-19 (the date of last close contact is considered day 0) except on approved snack breaks or when eating lunch - in which case you must not be within 6 feet of others.</p> <p>The CDC recommends you test on at least day 5 after exposure unless you had a confirmed case of COVID-19 within the past 90 days.</p> <p>If you develop symptoms, see Column D.</p> <p>If you test positive, see Column B.</p>
D	<p>If you are a close contact of someone with COVID-19 AND</p> <p>You are fully vaccinated AND</p> <p>You have symptoms</p>	<p>Stay home and follow the instructions in the column to the right.</p> <p>The date symptoms started is day 0.</p>	<p>You may return on day 6</p> <p>IF all of the following are true:</p> <ul style="list-style-type: none"> ● It has been 24 hours without a fever (without fever-reducing medicine), ● Your symptoms are resolving; ● You feel well enough to be at school; AND ● You wear a well-fitting mask at all times indoors through day 10,

			<p>except for approved lunch or mask breaks where you are at least 6 feet from others.</p> <p>If your test is positive, see column B.</p>
E	<p>If you are a close contact of someone with COVID-19 AND</p> <p>You are NOT fully vaccinated AND</p> <p>You have symptoms</p>	<p>Stay home and follow the instructions in the column to the right.</p> <p>The date symptoms started is day 0.</p>	<p>You may return on day 6</p> <p>IF all of the following are true:</p> <ul style="list-style-type: none"> • It has been 24 hours without a fever (without fever-reducing medicine), • Your symptoms are resolving; • You feel well enough to be at school; AND • You wear a well-fitting mask at all times indoors through day 10, except for approved lunch or mask breaks where you are at least 6 feet from others. <p>If your test is positive, see Column B.</p>
F.	<p>If you are a close contact of someone with COVID-19 AND</p> <p>You are NOT fully vaccinated AND</p> <p>You do not have symptoms.</p>	<p>Stay home and follow the instructions in the column to the right.</p> <p>The date of your last exposure to the person who is positive is day 0 if you are able to isolate from that person.</p> <p>If you are not able to isolate from the person who is positive, then you must isolate a full 5 days after the positive person's last date of quarantine/isolation.</p>	<p>You may return on day 6 IF</p> <ul style="list-style-type: none"> • You have no symptoms; AND • You wear a well-fitting mask at all times indoors through day 10, except for approved lunch or mask breaks where you are at least 6 feet from others. <p>If you develop symptoms, you must stay home and see Column E.</p> <p>If you test positive, you must stay home and see Column B.</p>