



Panther Pledge

We need everyone's help to keep each other safe and in school. Commit to the *Panther Pledge* by doing this 3-part checklist each day before coming to school.

NOTE: If you are an OHS athlete and have any of the symptoms in Parts 1 or 2 below, you may not attend practices/games.

Part 1: Does your student have ANY of these symptoms?

- Cough
- Shortness of breath or difficulty breathing
- New loss of taste or smell
- Vomiting
- Diarrhea
- Fever 100.0 or higher and/or has taken medication (Tylenol/Ibuprofen) to reduce a fever in the past 24 hours



If YES to any symptoms in Part 1, your student must stay home from school.

If YES to ONE symptom in Part 1, OHS athletes may not attend practices/games.

If NO to all symptoms in Part 1, go to Part 2.

Part 2: Has your student developed ANY of these symptoms in the last 24 hours?

- Congestion or runny nose
- Fatigue
- Muscle aches
- Sore throat
- Nausea or abdominal pain
- Headache



If YES to TWO or more symptoms in Part 2, your student must stay home from school.

If YES to ONE symptom in Part 2, OHS athletes may not attend practices/games.

Part 3: STAY HOME as indicated above to keep our community safe and healthy!

Call the OSD Attendance Line to report absences: 608-835-4000, Option #1.

Thanks for taking the Panther Pledge!